



Finding Peace in Pain: The Reflections of a Christian Psychotherapist

By Yvonne C Hebert

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Sharing the Passion of Jesus Christ in a prayer form uniquely your own in times of great distress can bring comfort and peace. This book offers a positive approach to overcome the paralyzing effects of emotional hurt in difficult life situations which can't be avoided or changed. Each of the chapters clearly illustrates how this form of special prayer can transform life's hurts into opportunities for emotional and spiritual growth. Ms Hebert draws the reader into the real-life situations of those whom she counsels. When they reach a place of major discouragement in dealing with hopeless life situations she helps them join their pain to the sufferings of Christ in His Passion where they find peace and healing. Insightful and encouraging, Sharing the Passion of Jesus Christ should be read by anyone who is experiencing emotional pain or who finds himself/herself in a distressing life-situation they cannot change.

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