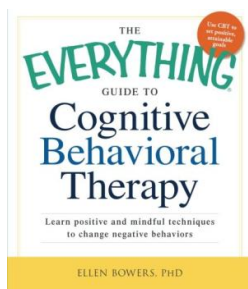


Negative...

The Everything Guide to Cognitive Behavioral Therapy: Learn Positive and Mindful Techniques to Change Negative Behaviors



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