

Bug Out Bag: What You Need in Your B.O.B.



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(Dr. Jarrett Bednar)

BUG OUT BAG: WHAT YOU NEED IN YOUR B.O.B.



Createspace, United States, 2013. Paperback. Book Condition: New. 212 x 138 mm. Language: English . Brand New Book ***** Print on Demand *****.The recent weather phenomenon of Hurricane Sandy, a super-storm that left tens of millions of people along the East Coast without power, food, or water revealed the readiness (or lack thereof) of the average person. In a society that increasingly depends on other people's actions for its daily needs, self-sufficiency in a survival situation has become somewhat of an antiquated notion. The example of Sandy, however, proved that disasters do not care where you live or how much money you make. Mother Nature's disasters, ranging from a hurricane to an earthquake to tornadoes or even a volcanic eruption, have the ability to disrupt civilized society at any second. Do you have a plan for disaster readiness? Build A Better Bag The Bug out Bag eBook by Casey Watkins offers a wealth of information on giving yourself and your family the necessary tools and advantages in a survival situation. This text details the building process of a bug out bag (so named for soldiers who had to bug out of combat situations quickly), a temporary set of supplies, clothes, and foodstuffs that can be the difference between life and death in the event of extreme emergencies. Whether you live on your own or whether you would have to protect your family and even pets during a serious disaster, you can prepare well ahead of time with a bug out bag that can last for just a single day as you get to higher ground or a relief shelter, or an entire week in the event that civilization in your area has come to a grinding halt. What's In A Bag? If you had only a...



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