

Download PDF

THE SELF-REGULATION OF HEALTH AND ILLNESS BEHAVIOUR (HARDBACK)



Taylor Francis Ltd, United Kingdom, 2003. Hardback. Book Condition: New. New.. 236 x 155 mm. Language: English . Brand New Book ***** Print on Demand *****.Self-regulation theory focuses on the ways in which individuals direct and monitor their activities and emotions in order to attain their goals. It plays an increasingly important role in health psychology research. The Self-regulation of Health and Illness Behaviour presents an up-to-date account of the latest developments in the field. Individual contributions cover a wide...

Download PDF The Self-Regulation of Health and Illness Behaviour (Hardback)

- Authored by -
- Released at 2003



Filesize: 8.63 MB

Reviews

Very beneficial for all type of folks. It can be rally intriguing throug studying time. You will like how the writer publish this ebook.

-- **Nathan Cruickshank**

Totally one of the better pdf I have at any time read through. It really is simplified but shocks within the 50 % from the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Mariano Spinka**

Related Books

- **Billy and Monsters New Neighbor Has a Secret The Fantastic Adventures of Billy and Monster Volume 4**
Genuine book Oriental fertile new version of the famous primary school enrollment program: the intellectual development of pre-school Jiang(Chinese Edition)
- **Sarah's New World: The Mayflower Adventure 1620 (Sisters in Time Series 1)**
Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English]
- **Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8)**
- **(Friendship Series Book 1)**