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## COGNITIVE PSYCHOTHERAPY TOWARD A NEW MILLENNIUM: SCIENTIFIC FOUNDATIONS AND CLINICAL PRACTICE

Cognitive Psychotherapy  
Toward a New Millennium  
Scientific Foundations  
and Clinical Practice



Edited by  
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Springer-Verlag New York Inc., United States, 2012. Paperback. Book Condition: New. 235 x 155 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In the roughly two decades since Aaron T. Beck published the now classic Cognitive Therapy of Depression, and Michael J. Mahoney declared the Cognitive Revolution, much has happened. What was proposed as the cognitive revolution has now become the zeitgeist, and Cognitive Therapy (CT) has grown exponentially with each passing year. A treatment model that...

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